

Your Journey Family Reconciliation

Experiencing conflict in your relationship?
Homeless or at risk of homelessness?

MOIRA is here to help.

Family Reconciliation supports young people to strengthen and maintain significant relationships.

This program provides the opportunity to:

- Collaborate with a skilled counsellor and mediator
- Explore strategies to strengthen relationships
- Improve communication skills
- Create a deeper understanding of yourself and your relationships

Our practitioners are passionate about respectfully engaging with young people and ensuring you feel heard and supported.

What does Family Reconciliation support look like?

We can come to you and meet wherever you are most comfortable. Sessions can be individual or with others - It's your choice.

Is this support only for families?

No, we are here to support you with any relationships in your life. This can include family, chosen family, friends, partners, housemates and your relationship with yourself.

Who is eligible?

Young people and families aged 16-25 years old who have links to Melbourne's Southern Region.

For more information contact MOIRA's Family Reconciliation team using the details below.



03 8552 2222

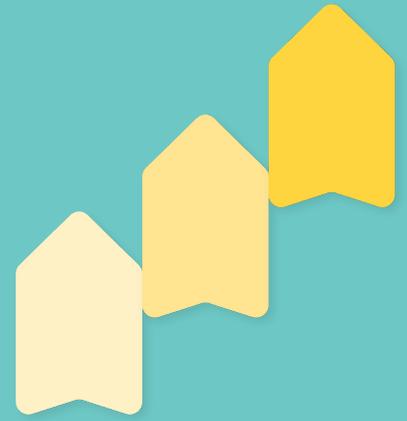


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moira.org.au

Meet the Family Reconciliation Team



Georgia Haden

Georgia is a registered counsellor with the Australian Counselling Association (ACA), has a Master of Counselling, and a Bachelor of Arts in Psychology.

Georgia's approach to counselling is warm and empathic and she does her best to gently support you towards your own path of change. Georgia's counselling is through a trauma informed lens and she is passionate about supporting young people to develop confidence, healing and personal growth. Georgia understands that counselling isn't for everyone and strives to tailor each session to your individual personality, interests and life stage.

Carmen Wilson

Carmen is a registered counsellor with the Australian Counselling Association (ACA), has a Master of Counselling, and a Bachelor of Arts in Psychology.

Carmen understands the importance of engaging with young people in a safe space, building trust in order to work towards creating positive change and increasing ones understanding of themselves. She acknowledges that counselling can be daunting at times, and does her best to ensure it is a comfortable experience by using a flexible approach and respecting boundaries and goals.



Claudia Giles

Claudia has a Bachelor of Psychological Science (Honours) and is currently completing her Master of Clinical Psychology.

Claudia is dedicated to supporting young people and their families to develop flexible approaches to life's challenges whilst maintaining an attitude of playfulness and curiosity. Claudia strongly values honesty, compassion and acceptance in her work, and focuses on strengths in her counselling approach. Claudia believes that you are already the expert in your life, but may need some additional eyes or ears from time to time.

