

Life and Living Skills

Seeking a fun and interactive space to grow your skill set and build your independence?

MOIRA is here to help

The life and living skills initiative supports young people to build their confidence and equip them with the necessary skills and knowledge to become their best independent selves.

- Attend a 2-week (Tuesday, Wednesday and Thursday 11:30am-3pm) group program with other age-related peers OR work one-on-one with a youth worker
- Explore youth-friendly community supports and opportunities
- Learn and develop skills including; money management, education/employment, daily living skills, health and wellbeing, relationships, your rights, and housing options

The life and living skills program is available to young people:

- Aged 16 to 25 years old
- With links to the Southern Metropolitan area including the Cities of Port Phillip, Stonnington, Bayside, Glen Eira, Kingston, Greater Dandenong, Cardinia and Casey.

